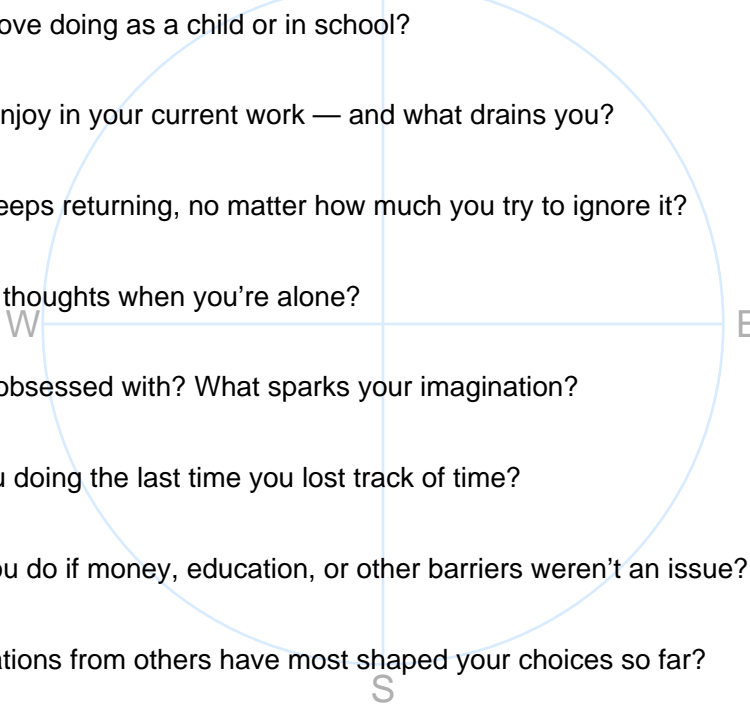


## Play 08: How to Find Your Calling (Who am I?)

Use this worksheet to reflect on your calling. Set aside distractions and answer honestly. You're looking for patterns in your gifts, energies, and values—not someone else's expectations.

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1. What did you love doing as a child or in school?
  2. What do you enjoy in your current work — and what drains you?
  3. What dream keeps returning, no matter how much you try to ignore it?
  4. What fills your thoughts when you're alone?
  5. What are you obsessed with? What sparks your imagination?
  6. What were you doing the last time you lost track of time?
  7. What would you do if money, education, or other barriers weren't an issue?
  8. Which expectations from others have most shaped your choices so far?
  9. Where do you feel most authentic — at work, with friends, in solitude?
  10. If you could describe yourself in three words, what would they be?

Take one insight from your answers this week and test it in your next decision/team interaction.